

Welcome to Diverse Universe. If you want to follow a sequence for a Do-It-Yourself workshop using this website you've come to the right place.

Remember: This workshop is focused on learning about social groups that are **not dominant** in society. Think about how this affects your perspective as you go through this DIY workshop.

Consider your
Identity.

Before you start, ask yourself:

- What groups do I belong to in terms of race, gender and sexuality?
- Is the group you belong to a dominant group (majority) or not?
- What does it mean for you to “belong” to this group?

Home Page

- Read “What’s Happening Around Us” — Which of these do you want to know more about?
- Click the links to read more. Notice how stereotype, prejudice, discrimination and/or oppression might be a part of that issue.
- Read the section “We Educate Ourselves” and click the button to go to the next section.

Fly-By Topics

- Watch the “Stereotypes and Prejudice” video. Can you identify any prejudices you may have? *It’s ok, we all have them. It’s important to be aware of them.*
- Watch the “Discrimination and Oppression” video. **How do discrimination and oppression differ?** Hint: one usually has a system behind it and doesn’t need “hate.”
- Now that we’ve learned about stereotypes, prejudice, discrimination and oppression, identify a time where you have done *each* of these, even unintentionally.
- Choose one of these and watch it: Gender (2 videos), Sexuality, or Race.

Tough Stuff

- In Home Page, read “We Think Critically” then click the button.
- Watch “Things People Say.” Focus on topic you chose (sexuality, gender, or race). What stands out for you? Have you said any of these things too?
- Watch the video(s) for your topic—“See the Sexism” or “Talking about Race.”
- Now that we’ve examined one of these issues, identify one that you want to help change.

Be An Ally

- Read the ideas in this section.
- Identify ONE suggestion in each group: Identity, Equality and Activism that you want to try.
- Want to become a part of the solution? Commit to using that strategy as you work to learn more and become more inclusive.

Ready to learn more? Go back and pick a different topic to focus on.